

Nikki Krings has been dancing for nearly 25 years. She grew up in the competition scene all over Metro Detroit and the midwest. She studied and competed in all genres of dance on the local and regional levels. In college, Nikki danced for Cadence Dance Company at the University of Michigan, while pursuing various choreography opportunities and performances. She has been teaching competition and technical dance for the past 5 years in the styles of ballet, jazz, lyrical, contemporary, and musical theater. It is her passion to help dancers become confident in the beautiful discipline of dance while they explore the movement of their bodies through dance in a safe space.